

## Educational & Support Groups

Seton Youth Shelters' residential program provides crisis counseling and referral services for youth and families without admission to a shelter program.

### We offer the following group programs:

#### Parent Education

Incorporating the nationally renowned Active Parenting curriculum, this multi-sensory program is designed to help parents understand their youth while encouraging positive communication to resolve conflicts and is offered on a quarterly basis throughout the year. For more information, call 757.306.1840 and 757.498.4673.

#### Anger Management

The Anger Management Program (A.M.P.) is designed to help children manage stress and anger in a healthy manner and to gain insight as to how anger affects relationships. A.M.P. is offered six times per year, meeting once a week for six weeks. For more information, call 757.306.1840 or 757.498.4673.

#### Parent Support Group

Seton Youth Shelters offers a parent support group for parents whose children are experiencing difficulty managing their anger and other issues. It is held concurrently with A.M.P. For more information, call 757.306.1840 or 757.498.4673.

#### Drug Education For Youth

DEFY is an early intervention and drug education program designed to educate teens on selected drugs and the potential outcomes associated with substance abuse and addiction. For additional information, call 757.406.5522.

 Visit Us On Facebook!  
[www.facebook.com/setonyouthshelters](http://www.facebook.com/setonyouthshelters)

## OUR MISSION

Seton Youth Shelters shall provide a safe haven, counseling and outreach services, 24 hours per day, without charge, to assist youth in crisis throughout Hampton Roads with the goal of reuniting families.

#### Girls' Shelter

465 Kings Grant Road  
Virginia Beach, Virginia 23452  
Telephone: 757.306.1840 Fax: 757.306.1843

#### Boys' Shelter

642 North Lynnhaven Road  
Virginia Beach, Virginia 23452  
Telephone: 757.498.4673 Fax: 757.340.5768

#### Seton Youth Shelters Administration

3333 Virginia Beach Blvd., Suite 28  
Virginia Beach, Virginia 23452  
Telephone: 757.963.5795 Fax: 757.963.5852

For donations, tours, and speakers' bureau engagements, please contact  
757.963.5795 ext. 102  
or [kjefries@setonyouthshelters.org](mailto:kjefries@setonyouthshelters.org)



All contributions are critical and sincerely appreciated. Seton Youth Shelters is a non-profit 501(c)(3) organization and is a United Way Certified Agency (5008)

# A Safe Haven

## 24 Hours A Day



24-Hour Confidential Hotline  
**757.498.HELP**  
4357



1.866.751.7640 • [www.setonyouthshelters.org](http://www.setonyouthshelters.org)

## 24-Hour Confidential Hotline 757.498.HELP 4357

Seton Youth Shelters' Hotline provides crisis and referral services for youth and their parents. Hotline services assist youth and parents dealing with runaways, behavioral issues and homelessness to determine shelter needs. Referrals can be explored for family issues, school problems, abuse issues, anger management and other youth concerns. Our 24-Hour hotline serves as access to the National Safe Place program.

### Helping Youth Pursue Excellence

Helping Youth Pursue Excellence (HYPE) is a Seton Youth Shelters' sponsored volunteer organization comprised of middle and high school students.

HYPE strives to increase outreach to youth in crisis and provide youth input for Seton Youth Shelters' programs. Demonstrating our commitment to youth and adult partnerships, two HYPE members serve as voting members of Seton Youth Shelters' Board of Directors. HYPE members have served on the Board of Directors for the Mid-Atlantic Network for Youth and Families, and have received the Volunteer Hampton Roads' 2004 Achievement Award-Youth Group Division and its 2003 Safe Harbor Award.

### Youth Shelters

Seton Youth Shelters provides 24-hour emergency shelter for children ages 9 to 17 (and up to age 18 with individualized education plan (IEP)). This program serves runaway and homeless youth and youth in crisis within their family, school, or community. We accommodate both boys and girls through our two gender-specific separate shelters in Central Virginia Beach. In our shelters, residents are provided youth advocacy and individual/family crisis counseling. Our case managers facilitate coordination of services, community referrals and aftercare follow up. Youth who enter the shelter program attend local public schools, unless parents provide transportation to their home school. For further information, contact our Boys' Shelter at 757.498.4673 or our Girls' Shelter at 757.306.1840.



Seton Youth Shelters is a National Safe Place licensed agency, providing youth in crisis 12 - 17 years old, immediate access to help through a network of area sites sustained by qualified agencies, trained volunteers, and businesses.

### Mentoring Children of Prisoners

The Mentoring Children of Prisoners program is available to youth 4 to 18 years old who have been affected by the incarceration (past or present) of someone in his or her life. The youth spends approximately one hour per week for a year with a trained, adult mentor. The goal of the MCP program is to make a positive impact on youth by matching them with an adult friend who will foster a sense of self-confidence and a positive outlook for the future. Volunteer mentors are provided with initial training and ongoing support from our staff for the duration of the match. This program is offered at no cost. Please contact the Mentoring Program Director at 757.646.9965 for more information.

### Volunteer and Internship Opportunities

Seton Youth Shelters values our dedicated volunteers and offers many options for volunteering. For volunteer opportunities, visit our website at: [www.setonyouthshelters.org](http://www.setonyouthshelters.org).

Seton Youth Shelters also offers practicum and internship placements for students seeking their degree in Counseling, Social Work, Psychology or related fields of study. For more information, contact our Director of Shelter Programs at 757.498.4673.

### Our Story

Founded in 1985, Seton Youth Shelters is a non-profit, non-sectarian organization providing free emergency shelter and crisis counseling for youth, 24 hours a day, 365 days a year. Our goal is to reunite youth with their families. We accomplish this through solution-focused, reality-based programs for youth and their families. Each year we serve more than 20,000 Hampton Roads' youth and their families. Seton Youth Shelters is committed to *Changing Lives, Building Futures.*

### Street Outreach Programs

Our Street Outreach Programs conduct direct street outreach to youth up to age 21 throughout Hampton Roads. Through our Crow's Nest Youth Outreach Center, Van Outreach Program and Special Outreach projects, we offer onsite crisis counseling, crisis intervention, food, clothing, hygiene items, substance abuse and sex education, community referrals, written information and intensive support services. Our Crow's Nest Youth Outreach Center also offers Drug Education For Youth (DEFY) each week. Our Van Outreach Program travels throughout the Virginia Peninsula and Southside each week and serves as Seton Youth Shelters' Emergency Response Team for the National Safe Place Program.

For additional information or to access our Family/Runaway Message Center, please call us. Southside: 757.406.5522 or Peninsula: 757.406.2265.



All Services are offered without charge. Seton Youth Shelters is only able to offer these programs through generous donations and community support. Services are available to all eligible youth regardless of race, religion, creed, ethnic origin or state of residence.