



The Active Parenting of Teens program is an evidence based program that provides guidance and support needed to turn the challenges of raising a teenager into opportunities for growth.

Parents will learn:

- Methods of respectful discipline
 - Skills for clear, honest communication.
 - Concrete strategies to prevent risky behavior.
 - How to be an encouraging parent
- And much more, plus insight into important issues such as teens online, bullying, and depression.

OUR MISSION

Seton Youth Shelters shall provide a safe haven, counseling and outreach services, 24 hours per day, without charge, to assist youth in crisis throughout Hampton Roads with the goal of reunifying families.

GIRLS' SHELTER

465 Kings Grant Road
Virginia Beach, VA 23452
Telephone: 757.306.1840
Fax: 757.306.1843

BOYS' SHELTER

642 North Lynnhaven Road
Virginia Beach, VA 23452
Telephone: 757.498.4673
Fax: 757.340.5768



Seton Youth Shelters
Changing Lives, Building Futures

Debbie Phillips, Shelter Program Director
dphillips@setonyouthshelters.org

www.setonyouthshelters.org

24-Hour Hotline: 757.498.HELP (4357)

Toll-Free 1.866.751.7640

/ Seton Youth Shelters



Seton Youth Shelters
Changing Lives, Building Futures

ACTIVE PARENTING OF TEENS



Active Parenting of Teens is a parent education program that incorporates the popular Active Parenting of Teen's Curriculum

www.setonyouthshelters.org

24-Hour Hotline: 757.498.HELP (4357)

/ Seton Youth Shelters

QUESTIONS? INTERESTED?

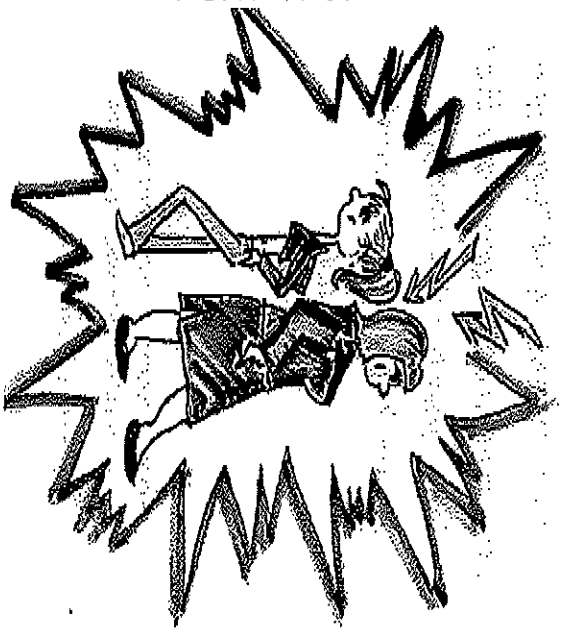
757.306.1840 / 757.498.4673

Seton Youth Shelters is a 501(c)(3) organization that provides shelter and counseling for youth in crisis with the goal of reunifying families.

ABOUT THE PROGRAM

Seton Youth Shelters' Active Parenting of teens program is designed for parents of teenagers ages 12-17. It is offered throughout the year and consists of six weekly meetings. It is designed to educate and to assist parents with the following:

- How your parenting style influences your teen.
- How to build your teen's self esteem and positive behavior
- How to redirect your teen's behavior.
- How to raise a responsible teen through effective discipline
- How to win cooperation from your teen
- How family meetings shape values and solve problems.



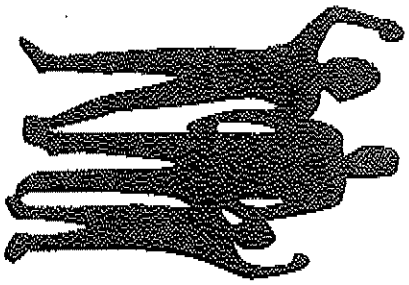
ACTIVE PARENTING OF TEENS

is held on Mondays from

6 - 8 pm

at

St. Aidan's Episcopal Church
3201 Edinburgh Drive
Virginia Beach, VA 23452



Seton Youth Shelters
Changing Lives, Building Futures

FOR MORE INFORMATION, CONTACT:

Ashley Rosario

aresairo@setonyouthshelters.org

757.306.1840

or

Allison Gerdau

agerdau@setonyouthshelters.org

757.498.4673

Upon completion of the six-week program all participations will receive a certificate of successful completion.

REGISTRATION FORM

Date: _____

Names of Parents Attending: _____

Name of Teen _____

Home Phone: _____

Cell Phone: _____

Referring Agency: _____

Why have you chosen to attend?

What information would you find most helpful?

Please Return Registration Form to
Seton Youth Shelters at:
465 Kings Grant Rd.
Virginia Beach, VA 23452